

IMPORTANT SAFETY MESSAGES

CHILDREN 0 - 5 YEARS

Children 0-5 years must wear a green wristband and be accompanied in the water, within arms' reach, by a guardian 16 years+ at all times.

A supervision ratio of 1:2 applies

Learn to Swim students, five (5) years and under, wishing to swim before or after lessons, must wear a wrist-band and be accompanied in the water with a person sixteen (16) years or older at all times.

CHILDREN 6 - 15 YEARS

A guardian 16 years+ must actively supervise and maintain constant visual contact of children 6-15 years at all times.

A ratio of 1:4 applies for supervising children 6-10.

Parents/guardians of Learn to Swim children wishing to swim must pay the appropriate fee to enter the water.

Open your eyes,
**BE
WATER
WISE**

- Never Swim Alone
- Learn to Swim
- Think! Don't Sink!







Cabravale Leisure Centre	Broomfield St Cabramatta	t: 9725 0335
Fairfield Leisure Centre	Vine St Fairfield	t: 9725 0336
Prairiewood Leisure Centre	Prairie Vale Rd Prairiewood	t: 9725 0337



Fairfield City Leisure Centres Learn to Swim Program 2024



TERM 1 & 2 PROGRAMS - 2024

	TERM 1 / 2024 Mon 29 Jan - Sun 14 Apr	TERM 2 / 2024 Mon 29 Apr - Sun 7 Jul
Current Participants SAME time, day, instructor, level	Enrol in person at the Centre from Mon 27 Nov 2023	Enrol in person at the Centre from Mon 18 Mar 2024
Current Participants CHANGES time, day, instructor, level	Scan from 9.00am Sat 2 Dec 2023 for booking appointment  Changes from Mon 4 Dec	Scan from 9.00am Sat 23 Mar 2024 for booking appointment  Changes from Mon 25 Mar
NEW ENROLMENTS	Scan from 9.00am Sat 9 Dec 2023 for booking appointment  Enrol from Mon 11 Dec	Scan from 9.00am Sat 6 Apr 2024 for booking appointment  Enrol from Mon 8 Apr

Full cost of program must be paid
upon enrolment. Payable by cash,
EFTPOS and Credit Card.

Terms 1 & 2 - 2024

* First participant: 9 weeks = \$184.50 / 10 weeks = \$205 / 11 weeks = \$225.50
* Additional immediate family: 9 weeks = \$175.50 / 10 weeks = \$195 / 11 weeks = \$214.50
> Cost includes participant's entry and two supervising spectators

Enquire about PRIVATE 1:1 LESSONS, including DISABILITY PRIVATE

SCHOOL HOLIDAY PROGRAMS - 2024

SUMMER

Intensive Programs (single week or multiple weeks):
2-5 Jan; 8-12 Jan; 15-19 Jan; 22-25 Jan 2024
Enrolments commence: Monday, 27 Nov 2023

AUTUMN

4, 5 or 9-Day Intensive Programs:
15 - 19 Apr 2024 and/or 22 - 24, 26 Apr 2024
Enrolments commence: Monday, 18 March 2024

WINTER

5 or 10-Day Intensive Programs:
08 - 12 July and/or 15 - 19 July 2024
Enrolments commence: Monday, 17 June 2024

SPRING

4, 5 or 9-Day Intensive Program
30 Sep - 4 Oct and/or 08 - 11 Oct 2024
Enrolments commence: Monday, 09 Sep 2024

CREDIT POLICY

A maximum of two (2) credits per Term or Holiday Program may be claimed for lesson absences due to medical reasons only. (See full Terms and Conditions for details)

IMPORTANT NOTICE

Instructors are subject to change at short notice -
this may be on a short-term or long-term basis.

CLASS DESCRIPTIONS

INFANTS & PRE-SCHOOLERS (30-minute classes)

FAIRY PENGUINS (from 6 months)

The Fairy Penguin level promotes water familiarisation and water confidence by introducing fun singing activities in an aquatic environment.

GUPPIES (from 18 months)

The Guppies level promotes water familiarisation, water confidence and mobility by incorporating fun singing activities.

GOLDFISH (from 18 months - must have had previous lessons)

The Goldfish level promotes water familiarisation, and gives the toddlers the opportunity to enhance their water confidence and increase their mobility.

SEA HORSES (3 years to 5 years)

The Sea Horses level incorporates water familiarisation, water confidence and mobility through individual and group activities.

SCHOOL AGE (5 - 15 years)

DUCKS (30 minutes)

The Ducks level incorporates water familiarisation, water confidence and mobility through individual and group activities.

TURTLES (30 minutes)

The Turtles level advances skills achieved in ducks while introducing basic freestyle and independent activities.

PLATYPUS (30 minutes)

The Platypus level advances freestyle and skills achieved in Turtles and introduces basic backstroke.

CROCODILES (30 minutes)

The Crocodiles level advances freestyle and backstroke and introduces basic breaststroke and survival skills.

SEALS (45 minutes)

The Seals level advances freestyle, backstroke and breast-stroke technique and introduces basic butterfly and tumble turns.

SHARKS (60 minutes)

The Sharks level advances freestyle, backstroke, breast-stroke, butterfly, and tumble turns.

TEENS (12 - 16 years)

TEENS (40 minutes)

Teens classes provide non/minimal swimming Teens the opportunity to develop water confidence and mobility. Water safety awareness, survival skills, and basic freestyle & backstroke technique.

ADULTS (40-minute classes)

ADULT BEGINNER

Adult Beginner classes provide adults with no or minimal swimming ability the opportunity to develop water confidence and mobility. Freestyle, backstroke and survival skills are introduced in Adult Beginner classes.

ADULT INTERMEDIATE

Adult Intermediate classes cater for individuals who wish to further develop freestyle and backstroke skills; introduce breast-stroke and improve skills achieved in Adult Beginners.

ADULT ADVANCED

Adult Advanced classes provide individuals with the opportunity to advance freestyle, backstroke and breast-stroke technique and enhance water safety and survival skills.